VEGETARIAN LUNCH 9-12

Salem Academy Charter School 9-12 Lunch Menu January 2025







MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
TRIO Community Meals		Winter Break		
Nourishment through	n compassionate care.			
No School	7 Galaxy Cheese Pizza Green Beans Pretzel Goldfish Juice Fruit Choice of Milk	Cheese Omelet Crispy Cubed Potatoes Pancakes Juice Fruit Choice of Milk	Veg Enchilada Dip Black Beans Whole Kernel Corn Tortilla Chips Juice Fruit Choice of Milk	Veg Nuggets Tater Tots Sliced Carrots Dinner Roll Graham Crackers Juice Fruit Choice of Milk
Stuffed Shells w/Sauce Green Beans Pretzel Goldfish Juice Fruit Choice of Milk	Veg Nuggets Whipped Potatoes Sliced Carrots Birthday Grahams Juice Fruit Choice of Milk	Vegetarian Burger w/ cheese Baked Beans Broccoli Cuts Goldfish Crackers Juice Fruit Choice of Milk	Veg Sloppy Joe Tater Tots Mixed Berry Animal Crackers Juice Fruit Choice of Milk	Galaxy Cheese Pizza Crispy Cubed Potatoes Juice Fruit Choice of Milk
	21	22	23	2
MLK Jr Day No School	Cheese Pizza Dippers Marinara Sauce Broccoli Cuts Juice Fruit Choice of Milk	Vegetarian Burger Sliced Cheese Baked Beans Juice Fruit Choice of Milk	Cheese Omelet Pancakes Crispy Cubed Potatoes Juice Fruit Choice of Milk	Vegetarian Meatball Sub Marinara Sauce Juice Fruit Choice of Milk
Mac & Cheese Baked Beans Potato Smiles Cornbread Loaf Juice Fruit Choice of Milk	Galaxy Cheese Pizza Broccoli Cuts Birthday Grahams Juice Fruit Choice of Milk	Garbanzo Beans Sliced Carrots Green Beans Dinner Roll Juice Fruit Choice of Milk	Vegetarian Burger Sliced Cheese Sweet Potato Tots Juice Fruit Choice of Milk	Veg Nuggets Whole Kernel Corn Waffle Mixed Berry Animal Crackers Juice Fruit Choice of Milk