# BREAKFAST

## Salem Academy Charter School
## October 2024

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| | 1 | 2 | 3 | 4 |
| | WG Banana Muffin<br>Pineapple Tidbits<br>Cereal (Variety)<br>Grape Juice | Cereal (Variety)<br>Graham Crackers<br>Apple Juice<br>Fresh Apple | WG Cinnamon Roll<br>Fresh Banana<br>Fruit Punch | WG Blueberry Muffin<br>Mozzarella Cheese Stick<br>Diced Pears<br>Grape Juice |
| 7 | 8 | 9 | 10 | 11 |
| Cereal (Variety)<br>WG Banana Muffin<br>Applesauce<br>Grape Juice Box | Mixed Berry Animal Crackers<br>Fresh Apple<br>Mozzarella Cheese Stick | Apple Frudel<br>Strawberry Yogurt<br>Mixed Fruit<br>Fruit Punch | Mozzarella Cheese Stick<br>Cereal (Variety)<br>Diced Peaches<br>Grape Juice Box | Cereal (Variety)<br>WG Choc Chip Muffin<br>Diced Pears<br>Apple Juice Box |
| 14 | 15 | 16 | 17 | 18 |
| | WG Cinnamon Roll<br>Diced Peaches<br>Fruit Punch | WG Blueberry Muffin<br>Mozzarella Cheese Stick<br>Fresh Apple | Cereal (Variety)<br>WG Choc Chip Muffin<br>Fresh Banana<br>OJ/Tangerine Juice Box | Strawberry Yogurt<br>Graham Crackers<br>Pineapple Tidbits<br>Apple Juice Box |
| 21 | 22 | 23 | 24 | 25 |
| Cereal (Variety)<br>Graham Crackers<br>Grape Juice Box<br>Diced Peaches | WG Honey Bun<br>Applesauce<br>Apple Juice Box | Blueberry Lemon Crispy Bites<br>Vanilla Yogurt<br>Fresh Banana<br>OJ/Tangerine Juice Box | WG Cinnamon Roll<br>Mixed Fruit<br>Apple Juice Box | WG Banana Muffin<br>Mozzarella Cheese Stick<br>Fresh Apple |
| 28 | 29 | 30 | 31 | |
| Cereal (Variety)<br>Graham Crackers<br>Diced Pears<br>Fruit Punch | Apple Frudel<br>Diced Peaches<br>OJ/Tangerine Juice Box | Cereal (Variety)<br>WG Choc Chip Muffin<br>Fresh Banana | Mozzarella Cheese Stick<br>WG Strawberry Crisp Bar<br>Fresh Apple<br>Apple Juice Box | TRIO Community Meals<br>Nourishment through compassionate care. |